



Delivering Special Provision Locally

DSPL5 Parent/Carer Newsletter Spring 2025 (Term 2)

About DSPL5?

DSPL (Delivering Special Provision Locally) is a Hertfordshire-wide partnership approach where parents, staff in early years settings and schools, further education colleges, local authority officers and representatives from other agencies, work together as part of an Area Group, reviewing and developing the range of provision and support services available to their local community that:

- Meets the needs of children and young people with special educational needs and/or disabilities (SEND), aged 0-25, as close to home as possible
- Improves outcomes for wellbeing and attainment
- Widens choice for children and parers/carers
- Removes barriers to learning
- Uses resources more effectively

What's on this Summer for parents/carers and families?

For updates on workshops and courses on offer to families in Hertfordshire, visit our website <https://www.dspl5.co.uk/training-workshops-1/>

EASTER FUN

 **TUE 8 APRIL: EASTER EGG HUNT, COOKING & CRAFTS**
AT COMMUNITY & LEARNING GARDEN
(AGES 4+) - £6
TIME: 10.00-11.00AM & 11.30-12:30PM

 **THU 10 APRIL: GO WILD FOREST SESSION AT HUDNELL PARK (AGES 10-14) - £10**
TIME: 13:00-15:00PM

 **FRI 10 APRIL: TRAMPOLINING AT GOSLING (AGES 5+) - £6**
TIME: 18:30-19:30PM

 **MON 14 APRIL: PONY DAY AT DANECROFT STABLES (AGES 6-11) - £25**
TIME: 10:00-12:00PM & 13:00-15:00PM

 **TUE 8 & 15 APRIL: DONUTS AT GOSLING (AGES 8+ OR 6 IF ACCOMPANIED ON SLOPES) - £6**
TIME: 14:00-15:00PM

 **WED 16 APRIL: NINJA WARRIOR WATFORD (AGES 8+) - £13.50** TIME: 19:00-20:00

 **THU 17 APRIL: INFLATABLE ZONE AT HATFIELD LEISURE CENTRE (AGES 8+) - £8.95**
TIME: 17:00-18:00PM

POTENTIAL KIDS

BOOKINGS:
potentialkids.org/events
Further event details can be found on our website





Promoting social inclusion, new friendships, physical activity, life skills, learning and social skills

the galleria

EMBRACING NEURODIVERSITY
Autism-ADHD-Dyslexia-Dyspraxia-Tourettes
www.potentialkids.org.uk



Who's in Charge?

A FREE* 8 WEEK COURSE FOR PARENTS/CARERS LIVING WITH A STRONG-WILLED CHILD

COURSE COVERS:

- ENTITLEMENT VERSUS RESPONSIBILITY
- CONSEQUENCES
- ANGER
- ASSERTIVENESS
- SELF-CARE
- COOPERATIVE FAMILY RELATIONSHIPS

PROGRAMME CONSISTS OF 8 X 2 HOUR WEEKLY SESSIONS

DATES:

Wednesday mornings
from 30th April - 25th
June (no session during
half-term)

TIME: 9:30-11:30am

LOCATION:

Panshanger Primary
School

To book a place, please use the QR code or go to
this link: <https://forms.office.com/e/ppctNNTMUJ>



*Please note that this course is only available for free to
our partner schools, details of which can be found here:
<https://wgc-hatfieldschoolspartnership.com/our-schools/>



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DATES:

Mondays from 12th May
- 7th July (no session
during half-term)

TIME: 6:30-8:30pm

LOCATION: Monk's
Walk

To book a place, please use the QR code or go to
this link: <https://forms.office.com/e/S6y5yvSBkP>



*Please note that this course is only available for free to our
partner schools, details of which can be found here:
<https://wgc-hatfieldschoolspartnership.com/our-schools/>

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Families In Focus CIC
LOOKING FORWARD TOGETHER

Handling anger of children with Autism & ADHD

(and those on assessment pathways)

Our award winning online, interactive course
for parents of children aged 4 to 11 will:

help parents to increase
understanding of children's
behaviours and provide tried & tested
strategies for a calmer and
happier family life or all.

Tuesday mornings 9.30am to 11.30am
April 22, 29 & May 6,13,20

Email Francine and Lesley today:
bookings@familiesinfocus.co.uk



Funded by Hertfordshire CC with limited free
places available for Hertfordshire parents



Families In Focus CIC
LOOKING FORWARD TOGETHER

A complete guide to parenting children with Autism & ADHD

(inclusive of those on assessment pathways)

Our award winning, online, interactive courses for
parents of children aged 2 to 11 years will:

Increase understanding of Autism, ADHD, Sensory
Processing and children's behaviours.

Also included, how to understand and support
siblings, understanding EHCP's, and up to date
information on local service's and how to access
them.

We provide tried and tested strategies to increase
understanding for a calmer and happier family life for
all.

Wednesdays

April 23,30 & May 7,14,21 & June 4,11,18,25
from 9.30am to 11.30am

or

From 6.30pm to 8.30pm

Email Francine & Lesley:
bookings@familiesinfocus.co.uk

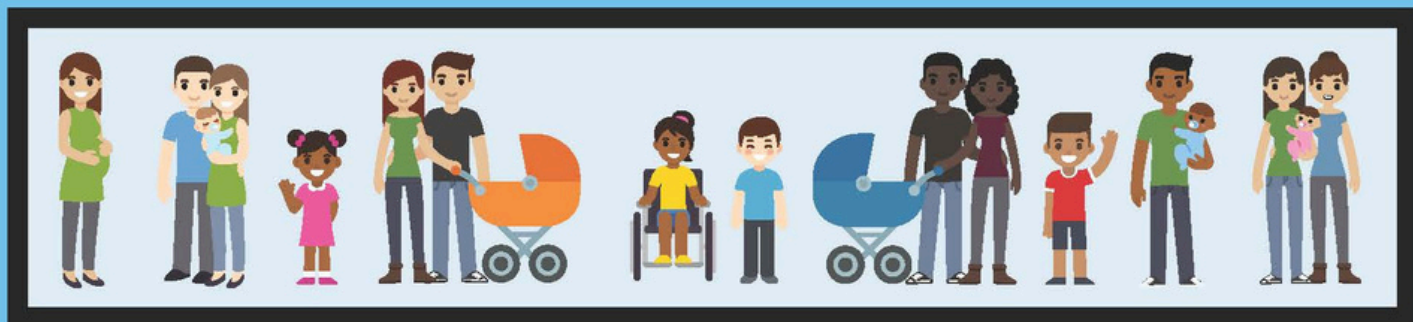


Funded by Hertfordshire CC and free places
for Hertfordshire parents

I have
AUTISM & ADHD

Please be patient

Get the right help at the right time



early help, brighter futures

Need advice and support for your family?



Relationship support



Money advice



Parenting Advice & Courses



Services for Young People



Emotional & Mental Health



SEND Local Offer



Staying healthy



Search local services



School attendance/anxiety



and much more



**Families
First**

Early help, brighter futures

SCAN



Hertfordshire

Visit Hertfordshire's Families First website:-
www.hertfordshire.gov.uk/familiesfirst

Parent & Carer Support

Summer Term 2025



FREE to parents and carers living in Hertfordshire

All courses are 6 weeks with a break for half term 26th-30th May

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:



- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

Wednesdays

7.45 - 9.15pm

7th May to 18th Jun

Online Course: ID 759

Tuesdays

7.45 - 9.15pm

3rd Jun to 8th Jul

Online Course: ID 760

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children with any additional need aged **2-19**
Your child does not need a diagnosis.



- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict and increase co-operation.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.

Tuesdays

9.30 - 11.30am

3rd Jun to 8th Jul

Face to Face: ID 755

**Gade Community Room
Oakleaf Primary School,
Hemel Hempstead**

Tuesdays

8.00 - 9.30pm

6th May to 17th Jun

Online Course ID 756

Summer Term 2025

TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Thursdays

9.45 – 11.15am

8th May to 19th Jun

Online Course ID 757

Tuesdays

8.00 - 9.30pm

6th May to 17th Jun

Online Course ID 758

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19** sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Wednesdays

7.45 - 9.15pm

4th Jun to 9th Jul

Online Course: ID 761

All courses are 6 weeks with a break for half term 26th-30th May

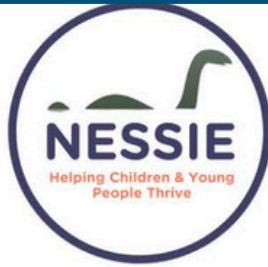
Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:

07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request



Support Sessions for Parents in Welwyn and Hatfield

Struggling with your child's behaviour at home? Feeling stressed, tired, or isolated?

Join our support sessions for guidance and connection.

You'll have the chance to talk with a NESSIE therapist, a Family Support Worker, and other parents facing similar challenges.

Together, we'll provide support, discuss concerns, problem-solve, and explore strategies or resources to meet your family's needs.

Please use booking code: NIEA836

10am - 12pm
31st January '25
BOOK HERE

10am - 12pm
21st March '25
BOOK HERE

10am - 12pm
9th May '25
BOOK HERE

10am - 12pm
27th June '25
BOOK HERE

Swallow Dell Primary School,
Welwyn Garden City,
AL7 3JP