

# Angels Podcasts

## Neurodiversity Chats



### Episodes Available:

1. Surviving the Summer Holidays
2. Reasonable Adjustments
3. Meltdowns
4. Living with ADHD
5. Screen Time
6. Sensory Needs
7. SEN Support
8. What is an EHCP?
9. Living with ADHD - part 2
10. Living with ADHD - part 3
11. Accessing Healthcare
12. What makes a good EHCP
13. Social Care Levels Explained
14. Christmas for Autistic/ADHD kids
15. Direct Payments and short breaks
16. Visual Supports
17. PDA - Pathological Demand Avoidance



A new episode is released each week please email:  
[podcast@angelssupportgroup.org.uk](mailto:podcast@angelssupportgroup.org.uk) to suggest topics