



Girls and Young Women's Project

At Focolare Centre

69 Parkway, Welwyn Garden City, AL8 6JG

**Join us every Tuesday, 6-8pm
September to December 2022**

Want to feel happier and more confident? Want to learn how to boost your self-esteem so you can feel more comfortable with yourself? Worried about a friendship or relationship going wrong, being or becoming controlling or abusive? Want to find out how and where you can get support? This Services for Young People Girls and Young Women's Project can help you to make informed, safe choices, feel more confident and to have appropriate, healthy and safe relationships.

Area Team Manager: Mark Hughes

Youth Work Practice Manager: Russell Cairns

www.servicesforyoungpeople.org

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**Services for
Young People**