

TALKING



FAMILIES



Because parents don't get training for the toughest job on earth!



TUESDAYS

1st November - 6th December 2022

8.00—9.30pm

Our FREE 6 week course for parents and carers of children aged 0-12 will help you to:

- Manage challenging behaviour with consistency
- Encourage positive behaviour
- Build your child's self esteem
- Set and maintain boundaries
- Respond to tantrums and difficult feelings in children

'It was a brilliant course and has made a huge difference already, I can't thank you enough'

'It has taught me new skills to deal with family life, and the group were really non-judgemental'



PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM

Full details on how to access and use Zoom will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

Pre-booking essential

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

QUOTING REFERENCE SL529

www.supportinglinks.co.uk



This course is provided free to parents by Hertfordshire County Council's Targeted Parenting Fund