



# Bishop's Hatfield Girls' School

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13th July 2022,

Dear Parent/Carer,

Due to the high temperatures predicted for early next week we have made the decision to move our Sports Day for pupils in Year 10 to the mornings of Monday 18th and Tuesday 19th of July. As you will be aware, the weather forecast for early next week looks very hot and any outside events will need to be completed by mid morning. We are therefore running events across two days to ensure that the Sports Day competition can run in full to complete all outstanding events but also, most importantly, to ensure the health and safety of both students and staff.

You may be aware that Years 7-9 will be having their Sports Day on Friday this week instead, but because year 10 are still completing their work experience that day we cannot run this together.

Please read the information below carefully so your child is fully prepared ahead of Sports Day:

## Monday 18th July

- All students will need to come into school in their full and correct Bishop's PE kit - see further information about what pupils can wear below.
- All students in Year 10 will register with their form tutor in their usual form rooms. Then form tutors and students will make their way to the field ready for a 08:50am start.
- All students in Year 10 will be off timetable periods 1 and 2 to compete or support the track finals of the following events - Hurdles, 100m, 200m, 300m, 800m, 1500m and 4 x 100m relay.
- Weather permitting, students will be seated in their House groups in the middle of the track to watch and support the events - see further information on our warm weather precautions and how students can stay "sun-safe" below. We may move to shaded areas if the weather gets to hot.
- A full timetable for the track finals will be posted on Google Classroom so students can check these before their return to school on Monday.
- Break will run as normal.
- After break, students will return to their normal lessons for the rest of the day - periods 3-6.

## Tuesday 19th July

The information below is only for students who are involved in the Long Jump, Triple Jump and/or Shot Put competitions. The whole year group will **not** be off timetable for these lessons and unless they are involved in the events below should attend school and all lessons as normal.

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- All students will need to come into school in their full and correct Bishop's PE kit - see further information about what pupils can wear below.
- All students in Year 10 will register with their form tutor in their usual form rooms.
- Pupils competing in the Year 10 Long Jump and Shotput will be out of lessons period 1.
- Pupils competing in the Year 10 Triple Jump will be out of lesson period 2.

Pupils can wear the following PE kit for Sports Day:

Top -

- Bishop's sports polo top (Games top for PE lesson) OR
- A coloured t-shirt or sports top in their House colours.

Bottoms -

- Bishop's navy blue skirt OR
- Navy blue or black sports leggings OR
- Navy blue or black athletics shorts/gym shorts.

As with normal school dress code, no strappy tops or crop tops are permitted. Any pupil who dresses inappropriately will be sent to change and/or sent home.

Please take note of the following warm weather precautions. (These were also sent home in a letter to all parents/carers in a letter dated 17th June).

- All students should bring a full bottle of water on Sports Day. Drinking water helps replenish the fluids lost by excessive sweating. Students who do not consume enough water during physical activity may become dehydrated and the combination of hot temperatures and dehydration can lead to serious heat – related illnesses. Students will continue to be given time in their PE lessons and on Sports Day to drink their water so it is important they arrive with their water bottles already full. Students will be reminded to refill their water bottles at break and lunch.
- Students should apply sun tan lotion before coming into school for Sports Day. Our large field is an ideal open space for a variety of sporting activities but it does not have a huge area of shade for students to use during the day. It is important students are protected against the rays of the sun so students should also bring their sun tan lotion into school. This can be brought out with them onto the field and pupils can reapply throughout the day as needed.
- Students are also permitted to wear suitable hats for Sports Day if the weather is particularly hot. We encourage this as it allows students' neck, face and ears to be protected but we do advise students to choose suitable sun hats that fit with the school's dress code. If you are unsure if a particular sun hat is suitable, please ask your daughter to check with their PE teacher.

Students will not be permitted to leave the field during lesson time to refill water bottles or to go to the bathroom (unless they have a medical card - which students must be able to show staff). It is important students arrive at the start of the day, after break and after lunch, with a full water bottle and having visited the bathroom at break and/or lunch.

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The PE Department wants every student to be able to participate safely and to the best of their ability on Sports Day so we hope you will support us in encouraging your child to take suitable precautions.

If you or your child have any further questions please feel free to contact me via email at [ncameron@bishophatfield.herts.sch.uk](mailto:ncameron@bishophatfield.herts.sch.uk) or via telephone on 01707 275331 ext 262.

We look forward to seeing you at what will be an outstanding display of the fantastic talent we have here at Bishop's.

Yours sincerely

Miss N Cameron  
**Subject Leader for Physical Education.**

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