

**TURNING
POINT**
inspired by possibility



HERTFORDSHIRE COMPLEX NEEDS SERVICE

Our Approach

At our Complex Needs Service we support people with a range of mental health and emotional conditions, dual diagnosis and other complex needs to recover and live independently by providing free, short term and direct 1:1 personalised support packages in own homes or in the community. So, whatever your situation and needs, we can work with you to set and achieve your own goals, manage your mental health and emotions, and develop skills where needed to live a full and rewarding life.





As part of our service we also offer phone service and Peer and Volunteer Support. We facilitate drop in sessions across the county, working in partnership with other agencies in order to offer all round support to you.

With your agreement and to ensure that you get the right support, we will make suitable onward referrals and signpost you to longer term support that may be beneficial to you.

The service is for any adult aged 18 +, living in Hertfordshire experiencing:

- Mental health needs
- Drug / Alcohol use
- Offending behaviour
- Anti-social behaviour
- Learning disability
- Physical disability
- Homelessness/tenancy issues
- Self-Harm
- Psychological issues
- Debt or financial issues
- Domestic abuse
- Or any other co-existing needs

We are available between 8am and 8pm Monday to Friday. You can also contact us outside of working hours on 01707 891120 (leave a voice message) and we will get back in touch as soon as possible. We aim to assess individuals within two weeks of initial contact.

 01707 891120

 cns@turning-point.co.uk

 [www.turning-point.co.uk/
services/hertfordshire-
complex-needs](http://www.turning-point.co.uk/services/hertfordshire-complex-needs)

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