

# Parent Post



## Welcome to our May Half Term Newsletter

It has been another busy half term supporting our wonderful families, it has been a pleasure meeting you all.

Since September 2020 we have had the privilege of supporting **180 families** with 1:1 support and **257 families** with Group Work and Telephone surgeries. We look forward to working with more of you over the coming weeks.

As always, if you wish to access our free 1:1 support services please contact your school who will make a referral to us on your behalf or we can be contacted directly at:

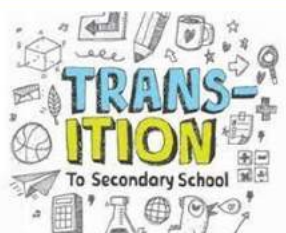
Lead School Family Worker—Cheryl Bodrozic—cbodrozic@stanborough.herts.sch.uk or



Admin—Jo Fortune—jfortune@stanborough.herts.sch.uk



[Welwyn Garden City & Hatfield Schools Partnership](https://www.welwyn-hatfield.gov.uk/schools-partnership)



### Is your child moving to Secondary School in September 2021? Do you have concerns?

Come and join one of the sessions below, led by the School Family Workers who will address your worries.

Please be aware that these sessions are for Parents/Carers only and places must be booked in advance as below.

15th June	9.30-11.30	Stanborough
15th June	12.30-2.30	Bishops Hatfield Girls School
17th June	9.30-11.30	Monks Walk
17th June	12.30-2.30	Other Secondary Schools

All sessions will be held via Zoom. To book your place please complete the form below **by Weds 9th June:**



<https://forms.office.com/r/jkeYJnLx5M>

Or email Jo Fortune at jfortune@stanborough.herts.sch.uk

\* These sessions are for schools that buy into the WGC & Hatfield Schools Partnership only. The WGC & Hatfield Partnership schools can be viewed on our website at <https://wgc-hatfieldschoolspartnership.com/our-schools/>



Big Summer is back, and will be taking place between 2-22 August across the borough of Welwyn Hatfield. There will be a wide range of fun activities taking place for children, teenagers and families to get involved in.

You can find lots of places to go and things to do - from arts and dance to sports. All events and activities will be made available on the Big Summer event calendar from Thursday 1 July 2021.

<https://one.welhat.gov.uk/bigsummer>

### Half Term Family Activities at:

<https://one.welhat.gov.uk/events>

<https://www.dayoutwiththekids.co.uk/>

# Supporting families in Welwyn Hatfield



## Hygiene & Food Banks

### New Hygiene Bank!



We are proud to announce we now operate a Hygiene Bank with a selection of personal products available for families in need. Please contact your School Family Worker or use the contacts below to find out more:

**Cheryl Bodrozic**  
**cbodrozic@stanborough.herts.sch.uk**

**Jo Fortune**  
**jfortune@stanborough.herts.sch.uk**

### Food Banks available in Welwyn Hatfield

HATFIELD	WELWYN GARDEN CITY
Tuesdays 12-2pm	Wednesdays 9-11am
Trussel Trust Hatfield	New Zion Christian Fellowship
Gracemead House	140 Cole Green Lane
Woods Avenue,	Welwyn Garden City
Hatfield, AL10 8HX	AL7 3JE

\* Please contact school or your school family worker to obtain foodbank vouchers

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## An eco-community on a mission to rescue food from landfill

Every week tonnes of fresh and edible food is thrown away by supermarkets in the UK as they clear older stock to make room for the new. Fresh fruit and vegetables, bakery products and store cupboard items which still have days and weeks of life remaining are destined for landfill, adding to the ever growing problem of CO2 emissions and climate change.

Food Rescue Hub rescues this food, crates and crates of it every week, and diverts it to fill tummies, not landfill. We make this food available to our ever-growing community of food rescuers who, like us, don't want to see perfectly good food go to waste. Everyone is welcome to bring their two empty bags and come and rescue food from our Hubs, and in doing so will be contributing to halting climate change.

### WGC

**TUESDAYS**  
9.30-11AM

ATTIMORE HALL PUB  
WELWYN GDN CITY  
AL7 2AD

### HITCHIN

**THURSDAYS**  
9.30-11AM

HALF MOON PUB  
57 QUEEN STREET  
HITCHIN SG4 9TZ

### STEVENAGE

**SATURDAYS**  
9.30-11AM

OUR MUTUAL FRIEND PUB  
BROADWATER CRESCENT  
STEVENAGE SG2 8EH

### Pay-as-you-feel

Your donation towards your rescue is what keeps our project sustainable and which allows us to recover food for you to rescue. The suggested minimum donation of £5 for two bags of shopping per rescuer but of course any amount you can contribute is very gratefully received.

### Pay-it-forward

We run a scheme which enables people to pay a donation in order for someone else who may need it, to get their rescue shopping for free. All donations welcome at our Hubs or via our website. Anyone is welcome to request a pay-it-forward voucher anytime, no questions asked.

Find out more about our mission on our website and social media:

[hello@foodrescuehub.uk](mailto:hello@foodrescuehub.uk)   [www.foodrescuehub.uk](http://www.foodrescuehub.uk)

## POTENTIAL KIDS

POTENTIAL KIDS TRAMPOLINING SESSIONS FOR SEND KIDS & SIBLINGS AGED 6+ YRS

**COST: £5 PLUS BOOKING FEE**  
**WHEN: THURSDAY**  
**20/5 - 17/6 - 15/7**  
**TIME: 5PM - 6PM**

**TRAMPOLINING**

RUN BY BETTER EXTREME  
 GOSLING SPORTS PARK  
 Stanborough Road  
 Welwyn Garden City AL8 6XE



**GLL**



TRAMPOLINING BENEFITS:  
 PHYSICAL WELLBEING - MENTAL WELLBEING  
 IMPROVED POSTURE - SOCIAL INTERACTION  
 COORDINATION

Embracing Neurodiversity  
 Autism-ADHD-Dyslexia-Dyspraxia-Tourette's amongst other conditions

## Specific Learning Difficulties advice line

**01442 453 920**

Monday and Thursday  
 9.30am - 12pm  
 (term time only)

## Online Education Programme for Parents/Carers of secondary school aged young people who are using a CAMHS\* Clinic, Step2 or Counselling Service.

\* Child and Adolescent Mental Health Services

This free course, held over six weeks, will provide you as parents/carers with skills and support to help your child and improve your health and wellbeing.

Learn more about young people's mental health and recovery, effective communication skills, family culture, problem-solving and looking after yourself.

Where: Online over Zoom, start 7pm and finish 9pm.  
 When: Wednesday's on 9th, 16th, 23rd, 30th June and 7th and 14th July.

To book your place, please click on the link below  
<https://www.surveymonkey.co.uk/r/camhsdsp15>

The course is for parents/carers of young people who are experiencing a mental health condition. Please state at time of booking which service your child is using - a CAMHS Clinic, Step2 or Counselling. We have found the course content is not helpful for parent/carers of young people with an autistic spectrum condition.



<http://www.dspl5.co.uk/>



# Family Learning from our Local Partners



## LOVE TO LEARN

WITH OUR **SUMMER COURSES & WORKSHOPS** FOR HERTFORDSHIRE RESIDENTS



**HAFLS**  
Hertfordshire  
Adult & Family Learning Service

Online options this summer





Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.15am to 3pm	Family Mindfulness Online 2 day course 12 <sup>th</sup> and 13 <sup>th</sup> July		Succeed & Get That Job Online 2 week course 28 <sup>th</sup> July, 4 <sup>th</sup> August		
9.15am to 3pm	Brilliant Boxes Online 2 week course 9 <sup>th</sup> and 16 <sup>th</sup> August				
9.15am to 3pm			Introduction to Customer Service Online 2 day course 11 <sup>th</sup> and 13 <sup>th</sup> August		Day 2 of Intro to Customer Service Online 2 day course 11 <sup>th</sup> and 13 <sup>th</sup> August
9.30am to 11.30am		Story Explorers - A family 2 day workshop Online 13 <sup>th</sup> and 15 <sup>th</sup> July		Day 2 of Story Explorers workshop	
9.30am to 11.30am		Fun Phonics - A family 2 day workshop Online 3 <sup>rd</sup> and 5 <sup>th</sup> Aug		Day 2 of Fun Phonics workshop	
9.30am to 11.30am		Marvellous Maths - A family 2 day workshop Online 10 <sup>th</sup> and 12 <sup>th</sup> Aug		Day 2 of Marvellous Maths workshop	
10am to 12pm			Staying Safe Online 2 day course - 4 <sup>th</sup> and 5 <sup>th</sup> August		
Evening: 6pm to 8pm			Build your skills in Word & Excel Online, evening course 5 weeks - starts 21 <sup>st</sup> July		

Browse and book at:  
[www.hertfordshire.gov.uk/hafls](http://www.hertfordshire.gov.uk/hafls)

Look out for our adult and child courses






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## Family Fortunes - What the learners thought

I have learnt that I need a better understanding of how finances work and I will use this to try to improve my money management and planning skills.

I will try to budget more for our spending, especially like holidays, Christmas.

Although I do try to plan meals, I will try to do better. Ask kids to get involved.

I know now NOT to renew bills automatically.

Has brought to light that I must look at outgoings to see if other companies can provide similar services at better prices.



FAMILY LEARNING

## FAMILY PHONICS

MAKING PHONICS FUN

TUESDAY  
**8TH JUNE**  
9.15AM - 11.15AM

Drop the children at school and head over to our hub in Stevenage to gain confidence to support your child on this 5-week course.

This course is designed to help adults learn what 'phonics' is and how phonics is taught in school from age 3-7 yrs old. You will learn about the six phases of phonics and what aspects are taught in each phase through engaging, interactive activities. You will find out about the Phonics Screening check in Year One and be able to check your skills by trying it yourself.

5 WEEK COURSE  
Delivered online

**Only £15**



**HAFLS**  
Hertfordshire  
Adult & Family Learning Service






**01992 556194**

**WWW.HERTFORDSHIRE.GOV.UK/HAFLS**




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Getting on with your Pre-Teen or Teenager - Do they have an FFA, CIN, CP or a YOUTH JUSTICE PLAN?





Worried about your teenager? Join our online group and get support in dealing with your teen's behaviour. Wednesday 9th June - 14th July 7pm - 9pm

For more information, contact Louise on **0204 522 8700 or 8701** or email [services@familylives.org.uk](mailto:services@familylives.org.uk)

[www.familylives.org.uk](http://www.familylives.org.uk)




We build better family lives together



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# Family Learning continued...

## Parent Network




### June 2021 Zoom Parent Network

Parent Network is open to ANY parent in the UK caring for a child with any Special Education Needs including those awaiting assessment or diagnosis.

*If you would like to join us, email [bookings@familiesinfocus.co.uk](mailto:bookings@familiesinfocus.co.uk) and we'll send you the Zoom codes*

Early Years <b>zoom</b> with Tracey and Georgie	Wednesday June 9th 9.30 - 11.30am	Modelling self care for your children
<b>zoom</b> with Francine and Lesley	Monday June 14th 7pm - 9pm	The voice of the child in EHCP and in secondary school
Teens 15+ <b>zoom</b> with Finola and Karen	Tuesday June 15th 7-9pm	Building a community of shared experiences
<b>zoom</b> with Francine and Lesley	Thursday June 17th 9.30-11.30am	Tips for being assertive and 'meeting ready'
<b>zoom</b> with Siobhann	Monday June 21st 9.30-11.30am	Happy meal times tips and ideas with Helen Allen
<b>zoom</b> with Vicky and Sharon	Wednesday June 23rd 9.30 - 11.30am	Let's pop the kettle on - SEND chat, giggles and a cuppa
<b>zoom</b> with Siobhann	Thursday June 24th 7-9pm	Sensory issues explained

Parents who have attended previous sessions will receive a text invitation to join the virtual meetings

 @familiesinfocus.co.uk
 @familiesinfocus
 @FiFHerts
[www.familiesinfocus.co.uk](http://www.familiesinfocus.co.uk)



## Services for Young People

### Welwyn Hatfield Youth Forum

**Who are we?**

Hertfordshire County Council Services for Young People provides free youth work projects, information, advice, guidance, work related learning and wider support for young people across Hertfordshire.

**Welwyn Hatfield Youth Forum**

Do you want to make a difference in your community? The Youth Forum is an exciting new project to develop your knowledge and skills, while making a difference to where you live and getting involved in social action and activities. It can also go towards your Duke of Edinburgh Skills section!

You can contribute to shaping organisations' policies and raise awareness of major issues impacting on you and your friends, including climate change, mental health, crime, bullying, discrimination and social media. You'll also be able to access support from our qualified youth workers and your peers for any challenges you're facing in your day-to-day life.

**Details**

**Who?** 13 to 17 year olds  
**When?** Thursdays 5:30-7:30pm  
**Where?** Hatfield Young People's Centre, Breaks Manor, Link Drive, Hatfield AL10 8TP

**Skills Snapshot**

- Public speaking
- Leadership
- Problem-solving
- Teamwork
- Critical thinking
- Analytical
- Confidence
- Self-esteem

**Keep in touch**

 @sfyp.welwynhatfield  
 @WelHatTeam



Call 01438 843140 | Text 07580 744357  
Email [tracy.lee@hertfordshire.gov.uk](mailto:tracy.lee@hertfordshire.gov.uk)

**Services for Young People**





## Bringing up confident children for parents of children with ADHD/ASD (online group)

Every Thursday from the 10th June to 15th July, 9.30am - 11.30am

For more information, contact Louise on 0204 522 8700 or 8701 or email [LouiseV@familylives.org.uk](mailto:LouiseV@familylives.org.uk)

[www.familylives.org.uk](http://www.familylives.org.uk)
 @FamilyLivesHertsandBeds



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# DINO-VENTURES

29TH MAY - 6TH JUNE 2021

10.00am - 12.00pm	Fossil Finding at The Big Dig
10.00am - 4.45pm	Bouncy Backyard
10.00am - 4.45pm	Pony Parade Funfair Ride
10.00am - 4.45pm	Carousel and YoYo Funfair Ride
10.30am	Meet the Animals in The Farmyard
10.30am - 4.30pm	Pat a Pet in the Farmyard
10.30am - 4.30pm	Tristan The Runaway Tractor
10.40am - 11.00am	Meet T- Rex at the Theatre
11.00am	Benjamin Bunny Show 'What's that Sound' on the Outside Show Stage
11.15am	Cow Milking Demonstration on the Animal Show Stage
11.30am - 11.45am	Meet Triceratops at the Theatre
11.45am	<b>PETER RABBIT™</b> Show 'Create A Smile' on the Outside Show Stage
12.00pm	Goat Race at the Animal Race Track
12.15pm	Dinosaur Show on the Outside Show Stage
12.45pm - 1.00pm	Meet Stegosaurus at the Theatre
1.00pm	Squirrel Nutkin 'Here's Nutkin' Show on the Outside Show Stage
1.15pm - 4.30pm	Fossil Finding at The Big Dig
1.45pm	Lily Bobtails 'Imagination' Show on the Outside Show Stage
1.50pm - 2.10pm	Meet T - Rex at the Theatre
2.00pm	Animal Encounters at the Animal Race Track
2.30pm	Dinosaur Show on the Outside Show Stage
2.50pm	Peter Rabbit Show 'Adventures' on the Outside Show Stage
3.10pm - 3.25pm	Meet Triceratops at The Theatre
3.30pm	Squirrel Nutkin 'Go Nuts' Show on the Outside Show Stage
3.50pm - 4.05pm	Meet Stegosaurus at The Theatre
4.00pm	Goat Race at the Animal Race Track
4.15pm	Lily Bobtail 'Jump for Joy' Show on the Outside Show Stage
4.30pm	Lamb Bottle Feeding in The Farmyard
5.00pm	Farm Park Closes

Programme subject to change without notice.

## PLUS ALL DAY

- **NEW** Bouncy Bounce
- **NEW** Radish Labyrinth in Peter Rabbit's Adventure Playground
- **FREE** Dino headband to colour in\*
- Peter Rabbit Adventure Playground
  - The Big Dig
  - Mr Tod's Lair
  - Dino Hunt
- Squirrel Nutkin's Tree House
  - The Farmyard
- Under 5's Play Area
- Pan for Gold
- **JCB** Young Drivers Zone

\*One per child admission



## FINDING YOUR WAY AROUND

Download the Willows Activity Farm App for a map and to plan your day. Check the App for refreshments outlets too.



PLEASE FOLLOW OUR COVID SECURE INSTRUCTIONS - SEE OVER...

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