

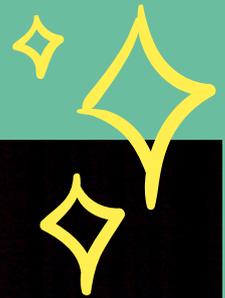
Enrichment Booklet

Autumn 2019





Why join a club?



Clubs are a great way to meet people from other forms and other years. They are also a chance to take part in activities that we don't always have time for in lessons. You can learn new skills and spend time with people who have similar interests to you. Clubs are also a fantastic opportunity to win House Points as you will receive a silver token which counts for one House Point every time you attend. You must place your silver token in the plastic collector for your House at the pupil entrance of school.

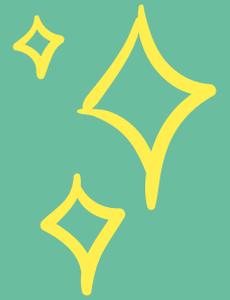


Above all, clubs are FUN!





Who are clubs for?



Everyone! We hope and expect that all of our pupils will attend at least one club per week. If there isn't a club that appeals to you, speak to your teachers and we'll see if we can set up one that does!

How do our clubs work?

The first week of term is always a 'try out' week. Girls can go along to any club and see what they think of it. If you want to sign up for a club, then you can tell the teacher who is running it, or there will be lists up in the Canteen for you to sign up on.

Some clubs can get over-subscribed and we can't fit everyone in. When this happens, the staff running the club will draw names out of a hat. If you don't get a chance to join then we try to make sure that you get priority in the next term.

Once you have signed up for a club we ask you to commit yourself to attending every week for the whole term.





When do clubs take place?

Clubs run every day of the week apart from Tuesdays. We will publish a full list of the day on which each club runs at the start of term. The clubs run from 3.00 pm – 3.50 pm, although Sports Clubs usually run on until 4.10 pm as this gives more time for getting changed.

Any questions?

Speak to your Form Tutor, Head of Year or Mrs Jackson if you are not sure about anything.



Sports Clubs

Please note that most sports clubs finish after 3.50 pm as this gives more time to complete activities and for girls to get changed.
Please check with the relevant member of staff.

Basketball

Basketball is aimed at all ability levels. The sessions will include a variety of skills, drills and tactics. Each of the sessions will finish with a game or mini competition.

Dance

All year groups and abilities welcome. We will be working on pieces to go into the Gym and Dance Display. In addition, there will be an opportunity to devise solo/duet/trio/quartet dances that you can then put forward to audition for the Gym and Dance Display.

Dodgeball

"Remember the 5 D's of dodgeball: Dodge, duck, dip, dive and dodge!"
Do you enjoy playing games that are fast, exciting and where you need to be quick on your feet? If so then dodgeball is the game for you! Come along and practice your throwing and agility skills to see who you can get out and see how long you can stay in the game for! Even better....why not bring a friend and see if you can beat each other? No experience necessary - come along and give it a try!

Sports Clubs

England Badminton

Never played badminton before? Now is your chance! Come and find out more about the game of badminton and see what new tricks or techniques you can learn. These could include net shots, drop shots or even a jump smash! Come along and show them off at badminton club! Remember....bring a friend!

Football

Do you fancy becoming the next Kelly Smith or Steph Houghton? Then come along and try your skills at football club. Practise your passing and tackling techniques as well as learning fancy tricks like cross overs or the helicopter! We compete in friendly and local fixtures so there are opportunities for you to get involved if you're looking for competition. Come along and bring a friend

Gymnastics

Do you enjoy learning new moves, balances and/or routines? Then come along to gymnastics club to meet other students who want to do the same! Gymnastics club offers you the opportunity to develop your own existing skill set as well as learning new skills. There is an annual gym and dance showcase every year which you can audition to be a part of through regularly attending gym club. Come along and bring a friend!

Sports Clubs

Handball

Come along and try a new sport!

Hockey

Hockey is awesome. There is nothing more satisfying than whacking a small ball with a large hockey stick. Hockey lets you dribble that ball, flick it, glide it, and pass it, and more. Not for the faint-hearted, hockey is a team sport which is becoming very popular. Give it a try, and you will become hooked. Have the confidence, practise the skills, and you will do just fine! Seriously, on a scale of one-to-spectacular, hockey is about an eight. The game is low-scoring, but there's a rhythm and flow to the action. There's no excess of fouls or rules that need to be enforced every ten seconds. It looks like football with sticks.

Just Dance

Come along to dance, keep fit and have fun!

Netball

Come along to netball club to try and develop some of the skills learnt in your PE lessons. We compete in the District Netball League and there are plenty of opportunities for you to get involved if you're looking to push for a place in the school A or B teams.

Sports Clubs

Rugby

Interested in rugby? Come along and give it a “try” at our rugby club. This is a brand new club set up last year with all but one of the girls having no previous experience of rugby. Come and learn how to pass and kick this odd shaped ball, learn how to tackle and how to use space effectively to score some tries! We compete in friendly and local fixtures so there are opportunities for you to get involved if you’re looking for competition. If you like working hard as part of a team in a positive and fun environment then rugby is the sport for you!

Table Tennis

Ping Pong is easy to play, yet difficult to master. So why join the club? Firstly, anyone of any skill level can pick up a bat, and immediately have fun playing and it is a great social sport. Other reasons are that it is good for your health - played at the higher levels, it's one of the fastest sports around and an hour's play can burn approximately 270 calories. At elite level, it's really fast, the ball travels at speeds of 100mph and is struck more than 180 times in a minute - about three shots a second! However, it is still gentle on your body and it is also good for the brain. There is an awful lot of quick thinking, planning, and strategizing going on out there on the court and some believe it is better than juggling for developing good hand-eye coordination. Oh, and finally, it is one of the few sports you can do with no risk of ending up cold or wet!

Music Clubs

Bishop's Band

Always wanted to join a band? Well now's your chance. We are a fun-loving band and anyone can join. All you need is to be able to play an instrument and own one. We play a mix of music which can range from pop, rock, TV themes, musicals or whatever is required of us. We have the opportunity to perform at a variety of events. All welcome of any standard!

BHGS Choir

For existing members only at present. Please speak to Miss Punchard if you would like to audition.

Bishop's Singers

A fun choir for anyone who enjoys singing! All welcome!

Y11 GCSE Composition

For Year 11 GCSE Music students only.



Other Clubs

Basic Modular Origami & Papercraft

Come and learn some new skills!

Bishop's Budding Creatives

Welcome to all KS3 years to attend. Come and be creative and imaginative.

Brain Camp (for Key Stage 4 & 5)

Have you unlocked your full potential? At the Brain Camp we will be looking to challenge ourselves to find answers when things get difficult and also change the way we think. Hopefully by spending some time every week taking part in brain challenges, problem solving and thinking games you will be able to gain new skills, establish how you learn, what works for you and how you can reach your full potential. We will also be reading blogs and articles about realising your full potential and exploring life lessons from different people around the world. These skills will not just be useful when taking exams but also when dealing with some of the challenges of life. Come along and give it a try!

BTS Club (Year 10)

For lovers of all things BTS!

Other Clubs

Creative Writing Club

Open to all years.

A chance for students to come and express themselves through creative writing (stories, poetry, scripts, speeches). You do not have to be good at English, just have a love of writing. There will be the opportunity to share your work with others and get some advice/feedback if you want.

Debate Club (one for KS3 & one for KS4 & 5)

This club is for anyone interested in current affairs, politics or who likes to have their say about what is going on in the world. Debate Club is a chance to meet with similarly interested people and have the opportunity to say what you think about things that matter to you. Remember, you have a voice - use it!

Doodle Club

We are here to Doodle! Many find that they draw doodles when their mind is wandering, or when they want to spend some time thinking and relaxing. So why not make it social and come and enjoy doodling with your peers? Our sessions will be open for all year groups to join us with your pens and pencils and draw to your heart's content. We may create something as a group or you may choose to doodle by yourself. Music and chat provided!

Other Clubs

D of E

Are you a determined person, willing to persevere with challenges that will test your skills and abilities to the limit? Are you prepared to push yourself to be the best you can be? You could be part of a national scheme, recognised by universities and employers, working towards your Duke of Edinburgh's Award! You will need to contribute towards your community through volunteering, stretch your physical skills by participating in a sport or physical activity, undertake a local expedition with a camp-out (which we will train for and plan together), and learn a new recreational hobby or pastime. Some of this may be completed through the enrichment clubs now on offer in school, and some you will need to undertake in your own time at home or in clubs you do outside school. This is open to every energetic and enthusiastic person in Year 10 and we will be on hand to support you throughout your new challenge. The Duke of Edinburgh's Award can't be an enrichment activity on its own, as we won't meet every week, but remember – all of the activities listed in this guide could be of great help to you in gaining the Award, so think about which grab your attention and start planning how you can join in.



Other Clubs

Drama

This open Drama Club is designed for girls who wish to do more Drama just for fun and for those who wish to develop their skills to a higher level. You will do Drama games, acting exercises and get to perform using the lights and sound. It's good fun, gives you a great opportunity to build your confidence and you'll also learn to be better performers.

E-Magazine

Journalists, reporters and production team needed. Investigate the issues of the day. Write opinion pieces. We should have a publication, possibly in multimedia, that serves our school communities. Can you be creative? Are you prepared to challenge yourself and your readers? Will you educate, inform and entertain? Work as a team. Develop skills you only dreamt about. Change the way people think. All welcome.

French Cinéma club

Come and enjoy your favourite movies while improving your French listening skills and widening your cultural knowledge. All films will be shown in French with English subtitles therefore enhancing your literacy and translation skills as well. The French Film Club is free and you may bring a snack. A Bientôt!

Funky Faces

Would you like to learn how to face paint? Come along to learn some hints, tips and new techniques to get you face painting like a professional. Once you have learnt the basics, you will be able to earn House Points for your House at any charity event because you are the best face painter in town! Materials provided!

Other Clubs

German Club

An opportunity to learn a new language and have some fun!

Green Club

The Green Club is the chance to grow your own, enjoy the sunshine (and rain), make friends and get fit. There will be the opportunity to cultivate vegetable plots, flower beds, herb gardens and fruit. We have lots of land and greenhouses available. We are looking for girls who love different aspects of the outdoors – so in good weather, gardening, but also using green materials for plant arrangements, photographing things that we see in the landscape or the detail of plants we see growing and printing those photographs on bad-weather days. There will be the opportunity to learn horticultural techniques, including crop rotation, pest control and composting, to gain the most from the soil. There will be a chance to set up a market stall and sell the produce. There may be the opportunity to invite speakers or visit garden centres or horticultural centres (e.g. Capel Manor).

History Detectives Club

Enjoy solving historical mysteries? Fascinated by 'hidden' stories? Want to unlock the 'secrets of the past'? Then this is the club for you! What we investigate each week is guided by you, the club members. What could be more fun? And you get to learn to some great new stuff too! So, if you love all things History, come and join the History detectives!

Other Clubs

Knitting Club

This is a chance to learn new skills and socialise. The first project will be to learn to knit and produce a knitted cushion cover. We will also be producing other knitted projects and moving on to sewing projects. The club will be open to all ages and if you have never knitted before or want to improve your skill then this is your chance to learn. Even the pop stars are learning to knit so come along and learn this amazing skill.

Lego Robotics Club

Have you ever wanted to program your own robot? See it dance or run? Do you love playing with Lego? Then come along and combine the two at the Lego Robotics Club. You will build your own robot and program it to move, dance or fight. You will work in teams and your robots will compete with each other to see which one can win a variety of tasks.

Maths Team Challenge

Love Problem solving? Love working in a team? Love a competition? Love Maths? Then this is the club for you! We will be doing weekly challenges, working in teams with a view to entering teams into challenges across the county and beyond! We will start off simply and build up so don't worry if you've never done anything like this before - it will be a fun learning curve.

Other Clubs

Movie Stars

Do you have an interest in the media world around you? Do you enjoy keeping up to date with the latest films? Do you know everything that's happening on social media? Then sign up to join 'The Movie Stars'!

Our weekly media and film club will be a meet and do for all film buffs, media experts and anyone interested in analysing and understanding the media world around us. We will watch films and study or examine other media texts, as well as having a go at making our own pieces using specialist equipment and software. All interests are welcome.

Nerd Shack

Are you a comic book aficionado? A manga buff? It doesn't matter whether you enjoy TinTin or Asterix, Naruto or One Piece, Batman or the X Men... all comic lovers are welcome. Come and immerse yourself in the multiverses of DC and Marvel, discussing plot developments, new additions and film-franchises with like-minded enthusiasts. Why not review the latest Anime episodes with friends or try your hand at some amateur comic book artwork? Maybe you want to debate who is the best Dr Who or whether Star Trek is better than Star Wars. Bring in your comic books to read or possibly exchange in a fun and friendly environment where anything fantastical is encouraged!

Other Clubs

Polyglot Club

Explore a world of languages!

Where will languages take you?

If interested or want to know more, contact Mr Taylor.

Russian Club

An opportunity to learn a new language and have some fun!

Save The World

An opportunity to make a difference by fundraising for charities and organisations you are passionate about. If you have creative ideas or a particular talent, you can have fun working with others to organise amazing events and activities. We will choose a different charity every term so that the money raised helps to change our world for the better.

Science Club

Have you ever wanted to tackle the biggest concepts in Science or discover great ideas that are changing the world? If so, then this is the club for you. We will explore a variety of topics: the weird and wonderful world of reproduction and inheritance, extinction, space and beyond, DIY Science, music and much, much more. As well as fun experiments there will be opportunities to complete mini projects. So what are you waiting for? Get those lab coats ready and join us for some scientific fun.

Other Clubs

Tabletopia

Ever wondered what it'd be like to be a werewolf hunting your friends? Or tried rooting out the evil spies in your organisation? Maybe you'd rather gather a group of friends together and go on an adventure through magical worlds! These are the new generation of tabletop games, and you could be the gamers!

The Club That Shall Not Be Named

Are you a wizard girl, living in a muggle world who wants to take the Hogwarts train going anywhere? Then this is the club for you. I solemnly swear we will get up to no good!

The Listening Ear

A mix of mindfulness and debates on issues that effect Year 7s. A chance to make new friendships and have some fun.

