

# **Bishop's Hatfield Girls' School**

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January 2019

Dear Parents / Carers,

### Year 12 and 13 Psychology Trip to London Zoo – Tuesday 26th February 2019

To help with your son/daughter's study of Psychopathology (or mental illness) as part of the Psychology A-Level course, I have arranged an educational visit to London Zoo on Tuesday 26th February 2019. We will spend the day at London Zoo considering the reasons why people develop phobias to certain animals and will also explore how animals learn through conditioning.

The focus of the day will be two phobia sessions led by a clinical hypnotherapist, who regularly runs these sessions for A-Level students at London Zoo. He will talk about phobia triggers and responses. Students will experience a graduated exposure to an animal (a non-venomous, habituated snake or spider) that causes a phobic response and see a hypnosis therapy demonstration. Students will have the option to leave the room at any time before or during the session if they feel uncomfortable and it is optional to touch the animals. Please note that students will be allowed to participate in the hypnosis session; however, this will be entirely voluntary.

We will be leaving Bishop's Hatfield Girls' School at 8.15am. The last session will finish at 2.45pm at London Zoo, so we are likely to return to Bishop's at around 4pm. Some of the students may like to take the opportunity to remain longer in London and may wish to make their own travel arrangements home. However, they will only be allowed to do so with advance parental permission, in writing. Please also advise me about any current medical conditions for your daughter/son that I should be aware of.

The cost of return coach transport to and from Bishop's, the cost of entry to the Zoo and the phobia educational session will cost £26.00 per student. Payment of this amount is voluntary, but the reality is that <u>unless sufficient</u> <u>voluntary contributions are made to cover costs we will be forced to cancel the trip for all pupils</u>. 50% of the cost of the trip will automatically be met by the school for pupils in receipt of 16-19 Bursary.

Parents/carers of BHGS students should please give permission and pay via WisePay. Parents/carers of visiting students should please complete the reply slip below, indicating that you would like your daughter/son to attend this trip and pay by cheque payable to Bishop's Hatfield Girls' School or present cash in person at the Finance Office and ask for a receipt. We cannot be held responsible for loss of cash for which no receipt has been given. Please make payment by **Friday 1st February 2019**.

If we do not receive payment by **Friday 1st February 2019**, we will assume that you do not wish your daughter/son to attend.

I am confident that this will be a wonderful opportunity for them to apply their psychological knowledge in a different environment and experience a clinical treatment for a psychological disorder at first hand.

Thank you for your support with this. I very much hope your daughter/son will find the event rewarding. Should you have any questions please do not hesitate to get in touch with me.



**BRITISH** 

INTERNATIONAL









## "This is an OUTSTANDING school" - Ofsted 2016

#### **Miss C S McLeman** Assistant Head of Sixth Form and Psychology Teacher

### Visiting Pupils Reply Slip - please return to the Finance Office by Friday 1st February 2019

Failure to meet this deadline may mean that your daughter/son will not be considered for a place on this trip. If we do not receive a reply by this deadline we will assume that you do not give permission for your daughter/son to attend.

Student name: \_\_\_\_\_\_ School: \_\_\_\_\_\_ School: \_\_\_\_\_\_

Please tick the appropriate box and complete:

I give permission for my daughter/son to attend the Psychology Trip to London Zoo – Tuesday 26th February 2019

I enclose a remittance of £\_\_\_\_\_. I understand that this money is non-refundable in the event of my daughter/son being unable to attend.

I do not give permission for my daughter/son to attend this trip. I understand that she/he must attend school on these days and will be expected to complete subject linked work.

Please state any medical conditions your daughter/son may suffer from: \_\_\_\_\_\_

Signed Parent/Carer: \_\_\_\_\_ Date: \_\_\_\_\_